

NEWCASTLE UNIVERSITY TABLE TENNIS



ACADEMIC AND ATHLETIC EXCELLENCE



Contents

All about Table Tennis

Coaching Staff

Student Testimonial

Our Facilities

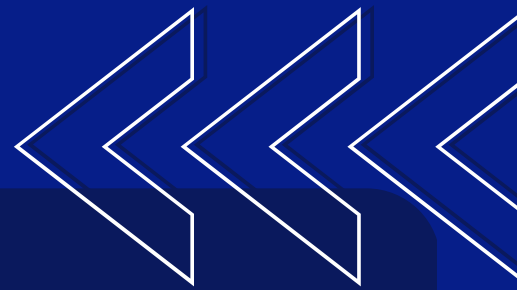
Our University

Our City

Information & Links



All about Table Tennis



Competitive Opportunities

High-level competitive opportunities for aspiring young players include:

BUCS PREMIERSHIP

NORTHUMBRIA LEAGUE

BUCS INDIVIDUAL CHAMPIONSHIPS

These opportunities combined with our own training programme give students a challenging but supportive pathway to progress to the next level in their game.

Scholarships

We have a range of scholarships available from direct cash instalments, reduced academic grade offers and support services including medical support, sports psychology, S&C, academic flexibility and gym memberships.

Your Weekly Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
S&C / Group Training	NETT Group Training	BUCS Match	Group Training	S&C / Practice Match		

Our Coaching Staff



Graeme Barella - Head Table Tennis Coach



Playing & Coaching Career

Graeme has been playing table tennis for over 20 years and competed at local, national and international levels. He is a fully qualified UKCC Level 3 coach who, alongside his role with at the University, works for Table Tennis England on their junior pathway. Having qualified for the Senior National Championships (Top 32 in England) for the past 2 years, Graeme is able to offer high quality sparring during each session.

Philosophy

As much as fun and enjoyment are fundamental aspects of the sport, setting high standards for performance athletes is an important aspect of how Graeme works – finding ways for how we can produce more players capable of competing on the world stage. He adopts a holistic approach to player development, utilising strength and conditioning, a good nutrition and adequate recovery in his coaching practices.

Joe Clark - Assistant Table Tennis Coach



Playing & Coaching Career

Joe is one of the region's strongest players and a former national junior champion. Currently a UKCC Level 1 coach, Joe is also a graduate of Newcastle University in Sport and Exercise Science. He took on the role of President and Men's 1st Team Captain during his studies and played a key part of the club's push to a Top 5 National BUCS ranking.

Student Testimonial

Former Newcastle University Student

'Being part of the club allowed me to make the most of my table tennis alongside my time studying, but it was also a great way to meet new people. I felt very supported by the University to balance my sporting commitments alongside my time studying. We held regular social events which gave me some of my best memories from university. I loved my time at Newcastle and have made lifelong friends from the table tennis club.'

Kate Roberts - Former Student & Table Tennis Player



Our Facilities



Newcastle University Sport Centre is ideally located on campus in the city, close to most first year accommodation. Sports Hall 1 in the South Wing offers eight badminton courts and a viewing gallery allowing spectators to get a great view of the action. Sports Hall 2 in the North Wing has six badminton courts and is painted blue to avoid clashes with shuttlecocks and table tennis balls. Both halls accommodate the table tennis club's training and fixtures. Club members can also book individual courts and tables two weeks in advance, free of charge.



- Newcastle University Sport Centre offers a world class, 180 station gym for all members but also two modern strength and conditioning rooms for scholars and performance teams where our passionate coaches are on hand to monitor athletic progress.

- Our strength and conditioning department supports high performance student-athletes in their pursuit of sporting excellence. They provide individualised coaching delivered within a programme of athletic development and injury mitigation. Alongside Graeme, they work hard to develop our students into robust and powerful athletes able to cope with the high demands of competitive table tennis.

Our University



Newcastle University is a world-leading university and a founding member of the Russell Group, representing the UK's top higher education institutions. As a world top 125 university (QS World University Rankings 2023), Newcastle University inspires the minds of thousands of students from over 140 countries and delivers an outstanding learning experience that equips students for future success.

Newcastle University has been rated 5th in the UK for Student Life (Whatuni Student Choice Awards 2022) and is considered a top 20 university in the UK (Times Higher Education World University Rankings 2023).

Our City



Voted as one of the UK's greatest student cities, Newcastle is a big city in a small space with a sizeable student population of around 42,000. The city has a proud reputation for sport and is home to several professional sports teams, such as: Newcastle United, Newcastle Falcons and the Newcastle Eagles.

Newcastle's reputation for a great nightlife is well-known and with its thriving arts and culture scene too, there's something different to do every day of the week. A combination of the fastest growing table tennis programme in the country, a world class education and nationally renowned social life, makes this programme the place to be!

Information & Links



[Liam Gutcher \(Head of Racket Sports\) - liam.gutcher@newcastle.ac.uk](mailto:liam.gutcher@newcastle.ac.uk)

[Graeme Barella \(Head Table Tennis Coach\) - graeme_barella93@hotmail.com](mailto:graeme_barella93@hotmail.com)

[Instagram - @newcastleunittc](#)

[Visit our University website](#)

[Visit our University Sport website](#)

[Visit our Table Tennis Performance website](#)

[Visit the North East Table Tennis website](#)